

Patrick, Jake – Period 7

Date: date the assignment is due

### Cold War Strategies

I will be writing about which cold war strategies were most successful for the United States and which strategies were most successful for the Soviet Union. This subject is important because it is important to learn about the cold war and how people found out ways to battle. The United States and Soviet Union had major strategies that they used in the cold war. Some of these strategies I am going to talk about are foreign aid, multinational alliances, brinkmanship, espionage, propaganda, and proxy wars. My opinion is that these strategies that they used really helped stop the sides from getting too powerful.

To start off with I'm going to talk about which strategies were most successful that the United States used. The main strategy the United States used was called the containment policy. "The containment policy was when the United States was trying to prevent soviet expansion<sup>1</sup>." The United States had some foreign aid too. "During the Cold War, U.S. foreign aid focused on support to anticommunist countries, economic development in poor countries, and humanitarian relief<sup>2</sup>." One of the alliances the United States had was with the North Atlantic Treaty Organization (NATO). The North Atlantic Treaty Organization was created in 1949 by the United States and Canada and some Western European nations. "It was made to collective

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<sup>1</sup> [https://ips-dc.org/military\\_strategy/#:~:text=Key%20Problems,when%20the%20Soviet%20Union%20collapsed.](https://ips-dc.org/military_strategy/#:~:text=Key%20Problems,when%20the%20Soviet%20Union%20collapsed.)

<sup>2</sup> [https://ips-dc.org/foreign\\_economic\\_aid/#:~:text=The%20United%20States%20provides%20nearly,poor%20countries%2C%20and%20humanitarian%20relief.](https://ips-dc.org/foreign_economic_aid/#:~:text=The%20United%20States%20provides%20nearly,poor%20countries%2C%20and%20humanitarian%20relief.)

security against the Soviet Union”.<sup>3</sup> The United States had some good and effective strategies for the Cold War but let's see what the Soviet Union had.

For the next paragraph I am going to address which strategies the Soviet Union used, and which were most successful. “By 1948 the Soviets had installed left-wing governments in the countries of eastern Europe that had been liberated by the red army”.<sup>4</sup> The red army was a Soviet army created by the communist government. The Soviets wanted to maintain control of eastern Europe in order to safeguard against any possible renewed threat from Germany. They were intent to spread communism worldwide. The Soviets then made something called the Warsaw Pact in 1955. “The Warsaw Pact was a collective defense treaty established by the Soviet Union and seven other Soviet satellite states”.<sup>5</sup> This included Albania, Bulgaria, Czechoslovakia, East Germany, Hungary, Poland, and Romania. The Warsaw Pact ended on February 25, 1991. These were some of the strategies the Soviet Union used.

In conclusion both the United States and the Soviet Union had smart and successful strategies. United States did end up winning the Cold War. Both of the strategies they used helped them fight in the war. There were lots of strategies used and lots of ways they fought. The strategies that were used helped stop each side from getting too powerful, but the United States did end up winning from the strategies they used.

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<sup>3</sup> <https://history.state.gov/milestones/1945-1952/nato#:~:text=The%20North%20Atlantic%20Treaty%20Organization,security%20against%20the%20Soviet%20Union.&text=NATO%20was%20the%20first%20peacetime,outside%20of%20the%20Western%20Hemisphere.>

<sup>4</sup> <https://www.britannica.com/event/Cold-War>

<sup>5</sup> [https://www.nato.int/cps/us/natohq/declassified\\_138294.htm](https://www.nato.int/cps/us/natohq/declassified_138294.htm)

