

H.O.P.E.: Health Opportunities through Physical Education 2020-2021

Physical Education Department

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H.O.P.E. class information:

**** COVID policies are subject to change.**

- HOPE class is a fitness and health class. The focus for PE/gym days is improving overall student fitness.
- Classroom days are approximately 4 days a week, and gym/PE days approximately 1 day**. Students will be given as much advance notice as possible of the weekly schedule.
- *****Dress out clothes:*** all H.O.P.E. students will have the option to dress out on activity days. Students must wear acceptable athletic shorts, shirts and athletic shoes.
- *****Lockers*** will NOT be issued to students, for the time being.
- All personal belongings (including cell phones) must be put in designated spot.
- Cardio fitness tests will be performed monthly (PACER and mile run).
- Students are expected to participate to the best of their ability.
- The only acceptable excuse from participating more than one day is a **doctor's note**.
- Every student will be required to track their HOPE Edgenuity course progress and fitness scores in Google Classroom
- Remind.com texts messages will be used to update students and parents about schedule changes or other important information. See info below.

Computers:

All students will be assigned a computer to use for the HOPE Class. This class will be an online class that will allow them to get their HOPE credit as well as their ONLINE CLASS credit. Edgenuity.Com is a web based program and students can work from home, if they choose or when needed. Students will be locked out of topic tests, which can only be completed at school.

- Students will be responsible for their assigned computer area during their HOPE Class.
- Students will be responsible for any damage done to the computer work area.
- Students will only be allowed to work on approved school sites.
- Students will not be allowed to have their backpacks or cell phones with them at the computer.

****Daily Procedures:**

- Students will meet every day in the classroom, 02-110.

Grades are based on:

Classroom weekly grade distribution:

- 20 pts- completing 45 minutes daily on Edgenuity
- 100 pts- Each topic (writing assignments, quizzes, online activities and tests).
 - Topic grades will be entered approximately every 2 weeks.
- Students will lose 10% per week for topic grades completed late.

****P.E./Gym grades- daily grade distribution**

- 5 pts- full participation, being actively involved

Fitness Assessments: Pacer Test/Mile Run (completed monthly)

- 20 pts Pacer Test or Mile Run

Make Up Work Policy and Late Assignments:

- Students that are absent from classroom days, need to work on Edgenuity on their own.

- Students can use the computers in the media center Mon., Tues., Wed., and Thurs. afterschool.
- When students are absent or miss fitness/gym days, they will see a “0” for participation points. They may make up their “5” participation points by walking 5 laps in the gym, or 3 laps around the track if we’re outside.
- If students fail to complete make up work, they will receive a ZERO.
- In the case of unexcused absences, 30% may be deducted from the earned grade for work made up. (CCPS policy).

Edgenuity.com LOG IN

Internet based program, which allows students to work on the program anywhere with an internet connection.

From home, students will login to Classlink <https://launchpad.classlink.com/charlotte> , then open Edgenuity.

Should you or your parents have any questions or concerns, feel free to contact us by email or telephone.

LBHS: 474-7702 ext. 3312 Donald.Southwell@yourcharlotteschools.net ,
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What you are being scored on?	A (5)	B (4)	C (3)	D (1)	F (0)
FITNESS/ACTIVITY	Outstanding effort each day. Maximum effort in all activities every day. Appreciates value of fitness in their life.	Consistent, strong effort in most activities. Frequent accomplishment of task.	Sometimes participates to best of ability. Rarely gives maximum effort. Pattern of effort not evident.	Walks/stands around friends during activities. Reluctant to put out needed effort. Inconsistent performance. Excuses outnumber production. Teacher prodding needed to accomplish task.	Fails or refuses to participate. Unable to motivate self. Has excuses for all failures. Unwilling to perform required tasks. Effort not evident.
Warm-Up/Participation	Role model for others to follow. Always participates to best of ability. Consistently does best and strives for improvement in all activities.	Frequent accomplishment of task. Performs tasks satisfactorily. Satisfactory effort in daily activities. Teacher prodding not necessary.	Participates most of the time. Effort is usually satisfactory. Needs occasional teacher direction to stay on task. Usually warms-up adequately.	Needs reminders to stay on task. Effort is limited. Reluctant to perform most tasks. Limited energy expenditure.	Stands and watches, talks to friends. No interest or involvement in activity. Constant excuses to explain lack of performance.
Social Development	Treats all classmates equally. Leads by example. Accepts others for what they are. Encourages teammates and classmates. Invites others to become part of the group.	Succeeds in playing fairly, by the rules. Accepts others abilities. Willing to help others. Listens and follows directions most of the time. Demonstrates respect for teacher and others.	Occasionally complains of team make up. Usually follows rules of the game. Positive attitude most of the time. Pays attention most of the time.	Inappropriate remarks to other students. Reluctant to accept other teammates. Limited desire to play by the rules. Unsuitable sportsmanship.	Refuses to accept differences in others. Displays unstable, inappropriate, aggressive, behavior. Unwilling to follow directions or rules. Lacks respect for teacher and classmates.
Preparation	Always dresses out. Assigned class work or homework completed and on-time. P.E. clothes always at school and clean. Helps with equipment willingly.	Consistently dresses out. Assigned class work or homework usually completed. P.E. clothes at school. Will help with equipment when asked.	Usually has P.E. clothes. Occasional "non-dress". Usually has class work or homework most of the time. Helps with equipment only when asked.	Inconsistently dresses out or does not have proper shoes. On occasion has excuses for not dressing out. Class work or homework rarely completed. Reluctant to help with equipment.	Incapable of having P.E. clothes each day. Unable to accept responsibility for dressing out each day. Loses or can't find assigned classwork or homework.